



THE IMPACT

The Altrusa International Foundation, Inc. newsletter supporting Altrusans in service and leadership to their communities

Issue 1 | November 2019

PROVIDE A POSITIVE **IMPACT** TO YOUR ALTRUSA INTERNATIONAL FOUNDATION WITH A CONTRIBUTION BEFORE YEAR-END!

Click here for a list of programs.



Elementary students at school in Domenase, Ghana. These girls are studying nutrition, sanitary habits like washing their hands, and even road safety when walking home. Their curriculum is supported by the Club 21 Program. In 2017-2019, Club 21 distributed \$51,865 to international healthcare programs and children's camps.

Grants Program

Great news! Beginning March 15th, 2020:

* Altrusa Districts are eligible to apply for funding from the Grants Program

* ASTRA Clubs are eligible to apply for funding from the Grants Program through their sponsoring Altrusa Clubs

* Altrusa and ASTRA Clubs formed September 1, 2019 or later are eligible to receive a one-time grant of \$2,000 to begin service projects in their community. Applications must be received within one year of the club's formation.

\$79,900

2016-2017

\$101,958

2017-2018

\$243,811

2018-2019

The Altrusa International Foundation's giving programs continue to reach more members of our communities.

The first cycle of 2019-2020 will provide \$142,685 to Altrusa Clubs and \$13,000 to international programs.



CONGRATULATIONS TO AWARDED ALTRUSA CLUBS AND INTERNATIONAL PROGRAMS

[Click here to see Altrusa Clubs which have received grants.](#)

[Click here for international organizations supported by the Club 21 Program.](#)



Altrusa of Centre County, PA
Vial of Life



Altrusa of Montgomery County, MD
Caring for Homeless Babies



Altrusa of Ocala, FL
Born Learning Trail

Spotlight an Altrusan

Connie Brown

Altrusa International of Bentonville-Bella Vista, AR



Connie Brown serves pie at the Samaritan Center.

Between June and August of 2019, Connie Brown recorded over 400 volunteer hours with four different organizations — and that’s just a scratch on the surface of her volunteer efforts. “I’ve had and enjoyed a lifetime of volunteering,” she says.

For Connie, these organizations offered a community of like-minded individuals. “Many of the volunteers are long-term volunteers who have volunteered faithfully at the same place for 35 years — here they are week after week, day after day. To me, it’s amazing. It just shows the commitment of people in our community to organizations that make a difference and that help others in our community that need our help.”

Connie believes that volunteering is a crucial part of life.

“For the people who don’t volunteer at all, they’re just missing out on so many opportunities.” Through volunteering, “you get opportunities to be with people you would not ordinarily be with — face to face with a homeless person, face to face with childhood hunger. When you’re serving those children lunch, and they’re eating and eating and eating, you get to see a side of what’s going on in your community that you may not in your own circle get exposed to... There’s people that kind of stand out, who you meet, and they make their mark on you just like you make your mark on them.”

Two years ago, when Altrusa International celebrated its 100 year anniversary, Connie took this idea of trying new things to another level. When Altrusa International asked members to volunteer 100 hours that year, Connie recalls, “I thought, ‘Well, I do that in a month, what would be a challenge for me? Instead, I’m going to try 100 new places to volunteer. Now *that* will be a challenge!’

In one of her new adventures, Connie volunteered for Trifest MS, a weekend long triathlon event that encourages participation for adults and children with disabilities. Connie was an encourager on the bike course: “I would holler at each one and high five.” Connie says that at first she wasn’t sure if this was a fit for her, thinking, “A bike course? Me?” She loved the experience and says it reminded her that “you just have to be open to new opportunities, and be willing to say ‘Yes.’ ‘Can I help serve 2000 hot dogs in an hour?’ ‘Yes!’”

[To see the full article featuring Connie Brown and her service work, please click here.](#)

Please send nominations for *Spotlight an Altrusan* to foundation@altrusa.org by January 15, 2020

Connie Brown, top center, volunteers regularly with the Samaritan Center, a grace-driven nonprofit organization with a mission to serve the hurting and hungry.



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